



Free Lions

THE ENGLAND FANZINE FROM THE FOOTBALL SUPPORTERS' FEDERATION

ISSUE 161



SWEDEN V ENGLAND
7TH JULY 2018

BE ON THE
BALL



FIFA WORLD CUP 2018 TRAVELLER TACTICS



PREPARATION

Check out the latest travel advice for Russia and information on the different regions, local laws and customs



HEALTHCARE

The European Health Insurance Card (EHIC) is not valid in Russia, so it is essential that you take out travel insurance appropriate for all the activities you plan to do



FAN ID

Once you have an official ticket you will need to apply for a Fan ID. This replaces the need for a separate visa. You must apply for it before you travel



VISAS

If you do not have an official ticket you will need to apply for a visa to enter Russia. Allow plenty of time and make sure it covers the length of your stay



PASSPORT

Look after your passport and keep it in a safe place. If you're travelling on a visa, make sure your passport is valid for at least 6 months after the visa expiry date. Take 2 copies of it and always keep one with you



MATCH TICKETS

Only purchase tickets from official suppliers. You will need a Fan ID linked to your ticket to enter a stadium



GETTING AROUND

Plan your journeys, Russia is a huge country and distances between cities can be vast. Official match ticket and Fan ID holders can apply for free travel on selected trains



ACCOMMODATION

You are required to register in every host city visited within 72 hours of arrival. Book accommodation in advance and check that your hotel or host has registered your stay in each destination



STAY UP TO DATE

Sign up for travel advice email alerts at gov.uk/foreign-travel-advice/russia



BE RESPONSIBLE

Always follow the advice of local authorities and respect local laws and customs. Anti-social behaviour including excessive alcohol consumption will not be tolerated



IF THINGS GO WRONG

In the event of an emergency, call 112. For consular assistance, for example if you lose your passport, call +7 495 956 7200

#BeOnTheBall
gov.uk/russia2018



@fcotravel



@FCOtravel

WELCOME TO THE LATEST EDITION OF FREE LIONS 161

...the free England fanzine produced and distributed by the Football Supporters' Federation (FSF) as part of our Fans' Embassy service.

Sweden v England

Samara Arena

Saturday 7th July 2018

Kick-off 18:00, local time

England will probably play in RED.



Useful Numbers

Fans' Embassy Helpline:
+44 7956 121314

Fans' Embassy Helpline for fans on Russian mobiles:
+7 977 278 5820

England Supporters Club (FA):
+44 7970 146250

British Embassy in Moscow:
+7 495 956 7200

Emergency: 112



Contact Free Lions

E-mail: freelions@fsf.org.uk

Gifts & Postcards to:

Free Lions, c/o the FSF
1, Ashmore Terrace
Stockton Road
Sunderland
SR2 7DE

IT WASN'T ME

The Free Lions fanzine is produced by the Football Supporters' Federation (FSF), the national membership-based organisation for fans. We have tried to ensure the accuracy of all the information provided in this fanzine, but can accept no responsibility for any loss, injury or inconvenience suffered by any one relying on its contents. None of the financial support

AND welcome to Samara for our quarter-final tie against Sweden, and the prospect of prolonging our stay in Russia till the very last weekend of the tournament: win here, and the very least we can expect is to be playing on the last weekend in the play-off for third place.

A much more enticing proposition would of course be the final the following day, but before we start getting carried away with ourselves, there's the small matter of dealing with our Scandinavian opponents here in Samara. Hopefully we can do that in a slightly less nerve-wracking style than in the last round; it makes a pleasant change to win on penalties rather than lose, but there are probably not many of us who would want to be put through that sort of heart-stopping stress again.

Samara is another new venue for England, and as such probably

unfamiliar territory for the big majority of England fans who accept the challenge and make their way here. It's probably fair to say that it's not the most picturesque place we've ever visited, and it's not got a highly developed tourist tradition either, but our intention is that the guide material in these pages will offer enough insight and information to make our brief stay here enjoyable.

If there's anything else you might need help with, then of course the FSF fans' embassy will be on hand here to do what we can. Here in Samara, we will be operating between 10:00 and 17:00 on Friday 6th July, and between 10:00 and 15:00 on match day, Saturday 7th July, and we will be located at the **Business Centre Bel Plaza**, which is at **Molodogvardeyskaya Ulitsa 204**.

The telephone helpline will continue to be available around the clock, and it's a good idea to keep an eye on our social media too.

COVER STORY

Jordan Pickford had been the subject of some criticism after England's group stage defeat to Belgium. But in Moscow, when the atmosphere was at fever pitch, the Everton stopper proved his worth with a vital and impressive save in England's first shootout victory since 1996.



we have received to produce Free Lions impacts on what we put in it. Consequently, none of our supporters can be held in any way responsible for the contents of, nor the views expressed in, this fanzine.

THANK YOU

We are grateful to PA Images for the cover photo.

Free Lions is a team effort. This edition was edited by Kevin Miles and thanks are due to Phil Rowley; Clive Hetherington; Joe Hetherington; Harpreet Robertson; Thomas Smith; Ashley Brown; Viennetta Shishkebab and Pete Daykin. Best wishes for a speedy recovery to Ally Simcock, who has 'needed' two ambulances, five injections, some gel and two days in bed to treat an insect bite. Or, to give it its medical name, 'hyperchondria'.



PRODUCES FREE LIONS

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From Russian mobiles: +7 977 278 5820



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fans'
embassy

BITS & PIECES

OBSERVATIONS FROM OUR TIME IN RUSSIA



TICKET COLLECTION

Now that we're firmly established in the knockout phase of the tournament, there will be more and more England fans coming out to Russia who have to collect their tickets from one of the FIFA Venue Ticketing Centres or FVTCs (for details of the ticket collection centre here in Samara, see page 12). Those of us who were out here for the Round of 16 victory over Colombia have already had some experience of how these work, and so Free Lions is able to answer some of the most frequently asked questions...

First lesson from experience is to collect your tickets as early as possible, as the ticket centres can become very congested on match day itself, particularly as kick-off approaches. Tickets cannot be collected from the stadium itself on match day; you can however collect tickets from any FVTC, not just the one in the city where the match is taking place. In addition to the FVTC in each host city, there are additional facilities in the four Moscow airports, and at the airports in St Petersburg, Kazan and Samara.

The quickest and easiest way to collect tickets is for the lead

booker to take the credit or debit card used to make the original purchase and use one of the ticket machines. Insert the credit card, and follow the instructions, which involve entering the cardholder's date of birth.

The screen will then show the face of the person collecting the tickets (we're not sure whether this is a form of facial recognition software, or simply capturing an image of who collected the tickets in case of later dispute), and the machine will then print out all of the tickets included in the order.

If you don't have the relevant credit card, then you'll have to go to one of the manned desks equipped with the booking reference number and your passport; again, you should be able to receive all of the tickets in the group.

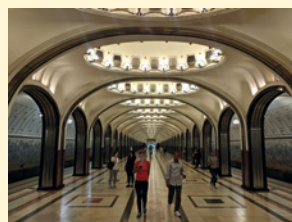
If you have purchased your tickets via the FA's England Supporters' Travel Club, then the FA staff may be able to help in the case of any difficulties. They are contactable via **+44 7970 146250**.

BLACK MARKET

After being completely absent from our games in the group stage, the inevitable ticket touts made their first appearance to us in Moscow before



the Colombia game. Unofficial ticket sales are illegal under Russian law. We have not come across anyone having any difficulty entering a stadium with a ticket that is not in their own name, as long as they have had their own Fan ID; there is no tie-up between the Fan ID database and that relating to tickets. Be aware of the dangers involved in purchasing black market tickets though, in that it's possible that they have been stolen, reported as stolen, and therefore cancelled.



MARVELLOUS MOSCOW METRO

One of the most impressive things about Moscow for us was the Metro system: not just its efficient service and very affordable ticket prices, but the fabulous architecture and design, with so many stations a work of art in themselves. To

crown it all, who could fail to be impressed by the fact that carriages came complete with television screens showing World Cup matches live? (Well, apart from this bloke, obviously...)

WORLD CUP GROUND RULES

EVERYTHING YOU NEED TO KNOW

As is usually the case at any FIFA World Cup, there are standard rules and regulations that are intended to apply at all tournament venues, and this has generally been the case around all the Russia 2018 stadiums. Nonetheless, there are still variations in how strictly various aspects of the rules are enforced from venue to venue, and we will be doing our best to establish what applies locally in each of the stadiums we visit.



For all games, the stadium will open three hours before kick-off. Every ticket is marked with the number of a gate. It seems that most stadiums will allow ticket holders to enter via any gate, however it is worth being aware that in some cases (e.g. France v Australia game in Kazan), entry was only permitted via the gate marked on the ticket. Bear in mind that the perimeters around the stadiums are in some cases very long, even between gates with the next consecutive number, so allow extra time in case you are re-directed to a different gate.

Security checks are thorough. On arrival, every fan must be in possession of a match ticket, and

your own FAN ID. The steward at the turnstiles will scan and check both your FAN ID (to prove your identity – your photo will appear on a screen) and your ticket (to establish that you have a genuine ticket for that game. There is no link between the ticket and the FAN ID, so it doesn't matter if you're using a ticket that wasn't originally issued to you; the FAN ID though is very much person-specific.

Bags bigger than about the size of an A4 sheet of paper are not allowed into the stadium; any larger and you can be turned back from the turnstile and sent to the luggage deposit cabin to drop it off for collection after the match. Queues for these facilities have been very long, with waits of over an hour, and be warned, they fill up quickly. If you're in any doubt you'd be wise to allow yourself plenty of time ahead of kick-off.

After passing through the turnstiles, you will pass through airport-style

scanners – pockets must be emptied, jewellery and belts removed before passing through the scanner, and you will be asked to switch on any phones or cameras to prove that they are functioning devices.

The usual list of prohibited items applies – more details can be found at welcome2018.com. Flags are allowed if they do not exceed the size of 2m x 1.5m. Anything larger than this requires a special application certificate, which needs to have been applied for 20 days prior to the match. All flags will be checked for content to exclude any racist, political, discriminatory or inflammatory material.

Smoking inside the ground is strictly forbidden, with some stadiums rigorously enforcing the rule. Alcohol is on sale, with Budweiser at 350R a can. Soft drinks are all R200, and snacks are also available, including burgers and hotdogs priced at R300.



SPOT-ON!

BY CLIVE HETHERINGTON

AGREE OR DISAGREE WITH CLIVE HETHERINGTON?

CONTACT CLIVE VIA FREELIONS@FSF.ORG.UK



SWEDE dreams are made of this. Penalties against Colombia put the nation through a bit of a nightmare, but it's Sweden here in Samara for England in the World Cup quarter-finals.

It was a combustible collision with the Colombians, whose spiteful spoiling tactics marred the match in Moscow's Spartak Stadium.

But Gareth Southgate's big gamble ultimately paid off as the Three Lions boss watched his side win 4-3 in the shoot-out.

It did much to exorcise the ghost of his heartache at Euro '96 when he fatally failed with his spot-kick against Germany in a Wembley semi-final.

That tournament witnessed the only previous occasion on which England had won a shoot-out in a major competition, beating Spain in the quarter-finals.

Colombia's equaliser in the third minute of stoppage time.

The loss to Belgium was England's first defeat in 13 games. Unlucky for some? Not a bit of it, all things considered. The accusation was they invited that defeat in Kaliningrad by fielding a below-strength side to seek an easier route through the competition.

But even if they did, it has ended up going to plan as Southgate's men are in the last eight. If Southgate had heaped pressure on himself and his players by making eight changes against Belgium (it should be remembered the opposition made nine), words as well as deeds cranked up the tension.

This was England's "biggest knockout game for a decade" said Southgate, acutely aware that they had not won at the business end of a tournament since beating Ecuador 1-0 with a David Beckham free-kick in the 2006 World Cup in Germany.

They lost on penalties to Portugal in the quarter-finals that year, when Wayne Rooney was sent off with a little help from winger Cristiano Ronaldo.

After failing to qualify for Euro 2008, England crashed out to Germany in the last 16 at the 2010 World Cup in South Africa.

It was a penalty shoot-out again as they bowed out of Euro 2012 against Italy in Kiev in the quarter-finals.

Tottenham's Eric Dier scored the decisive penalty against Colombia after Everton's Jordan Pickford answered those who criticised him following the 1-0 Group G defeat by Belgium with a stunning one-handed save from Carlos Bacca.

Captain Harry Kane and Marcus Rashford had scored their spot-kicks in reply to those of Radamel Falcao and Juan Cuadrado. Substitute Luis Muriel converted before David Ospina made a great save from Jordan Henderson's kick.

But Mateus Uribe missed when he hit the bar and Kieran Trippier levelled at 3-3 before Pickford and Dier did the rest. It was England's first win in a knockout match in five attempts at a major tournament.

Kane had converted his third penalty of the competition in the 57th minute to notch his sixth goal in Russia this summer. But with England on the verge of victory, Barcelona's giant defender Yerry Mina headed

The Three Lions failed to progress beyond the group stage two years later at the World Cup in Brazil, finishing bottom of their section. And then, of course, there was the humiliation of defeat by Iceland in the last 16 of the expanded Euro 2016 tournament in France.

But that sorry sequence finally came to an end and former England right-back Gary Neville, speaking on ITV, said: "What I'm most happy about is, Gareth took a risk against Belgium and he believed in his approach."

"If we'd lost, people would have said he'd got carried away, but he made a bold decision, a risky decision. A lot of people said it was the wrong decision, but he's justified it with a quarter-final against Sweden."

James Rodriguez, the Gold Boot winner with six goals at the last World Cup in Brazil where Colombia lost in the quarter-finals to the hosts, was ruled out in Moscow with a calf injury. That was an enormous psychological boost for England, who lined up as they did in the 2-1 win against Tunisia in their tournament opener.

England began in the ascendancy, Kane's instinct for goal raising hopes when he improvised impressively beyond the far post to get on the end of Trippier's cross, but headed just over. Once again, it was all-in wrestling in the penalty box at every England corner, though to be fair it was both sides

who were keeping referee Mark Geiger on his toes.

But the American official and his VAR team tripped up when they failed to send off Wilmar Barrios shortly before the break for head-butting Henderson on the chin at a free-kick.

Henderson may have gone down a shade theatrically, and Barrios was booked, but it should have been "clear and obvious" that it was violent conduct and a red card. At the same time, there was a flare-up between Jesse Lingard and Cuadrado as players jostled.

As the game became increasingly niggly, Raheem Sterling was then held back by Mina as Kane shot wide. Sterling was on the receiving end of a barge from one of Colombia's backroom staff as the Manchester City forward left the field at the interval.

It was the type of intimidation from a South American nation that we have grown accustomed to down the years. After a ticking-off from the fourth official, the sly grin of the culprit said it all.

He wasn't smiling when a spot-kick was awarded after Carlos Sanchez climbed all over Kane and was booked. Colombia then employed a shameful delaying ploy and even scuffed up the penalty spot. It was almost reminiscent of Antonio Rattin and his Argentina side at Wembley in 1966.



Kane had to wait three minutes to take the penalty, but when he did, Arsenal keeper Ospina had no chance.

Dele Alli headed over an inviting opportunity as England chased a second goal. Lingard went down in the box under Tottenham defender Davinson Sanchez's challenge, but it was never a penalty. England were then let off the hook when Kyle Walker, who conceded a penalty against Tunisia, lost possession. Colombia broke, but when the ball was worked to Cuadrado on the right, the former Chelsea winger blasted over.

Pickford made a magnificent save to turn away substitute Uribe's fierce long-range effort, but Mina met a towering header from the corner, Trippier nodding the ball on to the bar in an attempt to keep it out.

Substitute Danny Rose was narrowly wide in extra-time, but penalties loomed. At last, after too long, England were spot-on.

SCOUSE PHIL'S FREE LIONS "SW" MUSIC QUIZ

Answers can be found on page 23

At the time of writing, we don't know whether our opponents will be Sweden or Switzerland, so Scouse Phil has sent us a quiz where the questions, or answers, or both, contain the letters SW.

1 'Good times never seemed so good, I'd be inclined to think they never would' feature in the chorus of which Neil Diamond 1971 Top Ten hit?

2 The middle name of US singer Taylor Swift is the same as the first name of which Brazilian player at this World Cup tournament (though he spells it with an extra 'l')?

3 Corinne Drewery was lead singer of which band, named after a 1945 film, who had a Top Five hit back in 1986 with the song 'Breakout'?

4 A scene in which video of a Number Two 1983 hit, features the red-haired female lead singer dressed in a suit spinning a globe in a boardroom?



Question 3:
Corinne Drewery

5 An ancient belief held that which creature sang a beautiful song just before its death, which gives rise to a common expression for a final, act, gesture or performance?

6 The 1963 Number Two 'Hippy Hippy Shake' was a hit for which band which sounds like a lively and exciting pair of denims?

7 Which glam-rock band of the 1970s had various hits including, 'Fox on the Run', 'Wigwam Bam' and 'The Ballroom Blitz'?

8 Nina Persson is lead singer of which Swedish band who have released various albums, including 'Gran Turismo', which featured the hits 'Erase/Rewind' and 'My Favourite Game'?



Question 8:
Nina Persson

9 Which American spiritual song was allegedly written by freed slave Wallis Willis sometime after 1865 and can especially be heard sung at a famous sports ground in London?

10 'She's got a smile it seems to me, reminds me of childhood memories' are the opening lines of which 1989 top ten hit by a huge stadium-filling rock band from Los Angeles?



Question 2:
Taylor Swift

DRINK MORE BEER

One of the joys of the tournament has been a rare opportunity to drink beer in sight of the pitch. Worryingly, though, the combination of people drinking and another unusual World Cup occurrence – England scoring goals – seems to have sparked a new trend: throwing your half-finished beer cups up in the air. This is both annoying and wasteful.

Following our latest drenching in Moscow, we took to YouTube to seek a solution. If you really can't finish yours – and you don't want us to drink it for you – here are five alternative uses for unwanted beer:

- 1. Polish jewellery** - leave your shiny things in a beer bath for five minutes and then wipe with a cloth
- 2. Skin cream** - hops acts as a natural astringent; simply mix

- with egg white, yoghurt, olive oil, almond extract and apply
- 3. Marinade and tenderise meat** - improves flavour and reduces carcinogens, particularly in pork
- 4. Polish furniture** - dip, buff and hey presto, shiny tat!
- 5. Wash your hair** - applied liberally, the vitamins in beer give you added shine

Or you could just bloody drink it?



SCOUSE PHIL'S FREE LIONS FOOTBALL QUIZ



BACK ISSUES

WORLD CUP FREE LIONS
BACK COPIES AVAILABLE



A NUMBER of you have been asking at the FSF's fans' embassy whether we have any spare copies of editions of Free Lions distributed at previous games. Well, we always do our best to satisfy demand, but there is a limit to the amount of luggage the airlines will allow us to take from city to city.

All is not lost, however. We are going to make sure that we have enough copies to satisfy demand back at home, so if for some reason you're missing an issue from your collection, you'll be able to order one from the FSF office, for the cost only of postage and packing.

If you're a regular reader and collector of Free Lions, you could also consider taking out a subscription to the magazine. For just £10 a year, you will get every edition mailed to your home address (after the trip) in pristine condition.

For details of subscriptions and individual orders, see the FSF website at www.fsf.org.uk.



Question 4:
Fisht Olympic Stadium

1 Which three teams won all their three games in the group stages of this tournament?

2 ...and which two teams lost all three games?

3 Which player in the tournament has a nickname meaning 'Little Pea' in Spanish?

4 In which host city at this tournament would you find the Fisht Olympic Stadium?

5 Which player featuring in the tournament created most assists in the 2017-18 Premier League season with 16?

6 When Mexico lost to Brazil in the last 16 game, how many consecutive tournaments did this mean that Mexico had been knocked out at this stage?

7 ...and with Brazil winning, how many consecutive tournaments did that mean they had progressed to at least the quarter-finals?

8 Which player scored the first goal in the round of 16 matches at this tournament?

9 Which player at the tournament when celebrating a goal, kicked the ball against a post only for it to rebound and hit him on the head?

10 I was born in Kingston-upon-Thames in 1995 and have played for two Premier League teams, 60 times for my first club between 2011 and 2014 and 43 times for my current team! have seven England caps and was in the 2014 World Cup squad – who am I?

WELCOME TO SAMARA

YOUR FREE LIONS GUIDE



WELCOME to Samara and England's first World Cup quarter-final since 2006, remarkably only their second since Italia 1990. Having overcome Colombia at Moscow's Spartak Stadium, it is now Sweden who stand between the Three Lions and a return to the capital for a semi-final; who predicted that?

The enormity of Moscow was like no other city we have or will experience at these finals, and those of you who were there on Sunday night witnessed it at its most vibrant. From the moment Russia defeated Spain the city was full of public celebrations at key landmarks. The roads became gridlocked with fans waving flags out of sun-roofs and peeping their car horns.

Similar scenes may well have taken place in Samara, but they

will have been on a much smaller scale; its population is less than 10% of Moscow's and it's the second most easterly venue at this summer's tournament. In fact, it's so far east it even has its own time zone: 'Samara time', the third timezone in which England will have played at this tournament.

Founded in 1586 as a fortress overlooking the Volga river, Samara is capital of the Samara region. The city was where the Russian civil war began, but is more substantially recognised for its role in the nation's space programme. This is marked with a museum and exhibition centre, and the stadium's design is a nod to the city's aerospace heritage.

Located on the left bank of the Volga, Samara is made up of nine districts. Renowned for its strong economic core, the city was pencilled in as a potential

replacement for Moscow, should the capital have fallen during World War II. Today, visitors are drawn to the bunker Stalin built there to cater for that eventuality.

After the war the city remained closed to foreigners as its industry grew. This growth and development brought about the economic hub that is 21st Century Samara, Russia's sixth largest city.

But it is its natural beauty that Samara is best known for. Samara's glorious beach stretches the length of the city along the Volga's sandy banks. The city's embankments are popular during the summer season, frequented by beer drinkers, roller-skaters and even bathers.

Nearby, the Zhiguli Mountains are surrounded by a UNESCO-listed reserve, the perfect place to escape into Russia's wilderness.

>> WHAT TO EXPECT

District: Volga District
Population: 1,100,000
Time Zone: BST +3 hours
Average July Temp.: 27°/16°
Area: 541km²
From Moscow: 1,065km

>> FAN FEST



Samara's Fan Fest is located at Kuibyshev Square. With a capacity of 31,000 people it is bigger than Red Square.

>> WORLD CUP STADIUMS

All stadiums used during the 2018 FIFA World Cup have an information desk - including lost and found help, pushchair storage and an opportunity to leave feedback - a left luggage facility (on the provision of a match ticket), entertainment, food and drink, ATMs and official tournament gift shops.

>> THE STADIUM



THE Samara Arena has a capacity of 45,000 for World Cup matches, of which this quarter-final is the stadium's last.

Construction began back in 2014 and took just shy of four years to complete, eventually costing 320 million US dollars.

The arena's design is a nod to the city's aerospace heritage. The façade of the arena is a transparent dome, this has been done to give the impression of a spaceship.

On the inside blue and white seats populate its four tiers.

The middle two house a number of corporate hospitality boxes and are

significantly smaller than the tiers above and below.

The venue hosted four matches during the group stage, including a 3-0 defeat for hosts Russia against Group A winners, Uruguay.

More importantly in the context of England's tournament, the stadium played host to Colombia's success over Senegal. Their 1-0 victory ensured the South Americans topped Group H and, in doing so, saw them draw Gareth Southgate's team in the last-16.

After the tournament, the stadium will be used by local club side FC Krylia Sovetov Samara who recently gained promotion to the Russian Premier League.

DID YOU KNOW?

- Pirates used to hide in the nearby Zhiguli Hills and ambush cargo ships
- The city was renamed Kuibyshev during the Soviet era

WELCOME TO SAMARA

YOUR FREE LIONS GUIDE



GETTING TO THE GROUND



SITUATED in the highest part of Samara the stadium is in the Radiotsentr District. A number of additional services - mainly shuttle buses - are in operation during the tournament. Shuttle buses will begin to operate four hours before kick-off and stop running three hours after the final whistle.

A full list can be found at <http://welcome2018.com/en/guide/2413875/>, but, because we're too good to you, we have tried to pick out those that should prove most useful:

- **Bus S1 Airport – FIFA Fan Fest**
Circuit: Airport – Stadium – Moskovskoye highway – Ticket Centre – FAN ID Centre – Rail station – FIFA Fan Fest (stop **Samarskaya Ploshchad**)
Stops: Rail station, TV broadcasting centre Sila Sporta, Central bus terminal, TV broadcasting centre Park Haus.

- **Tram S5 Rail station – stadium**
Circuit: Rail station – Ulitsa Krasnoarmeyskaya – Ulitsa Galaktionovskaya – Ulitsa Polevaya – Prospekt Lenina – Ulitsa Novo-Sadovaya – Ulitsa Tashkentskaya – Moskovskoye highway – Stadium
Stops: Alabin Museum, Samarskaya Ploshchad, Prospekt Lenina, Zvezda Entertainment Centre, Barboshina Polyana.
- **Bus S7 Stadium – FIFA Fan Fest**
Circuit: Stadium – Moskovskoye highway – Prospekt Kirova – Ulitsa Novo-Sadovaya – Ulitsa Polevaya – Samarskaya Ploshchad
Stops: Zvezda Entertainment Centre, Barboshina Polyana

Public buses, 1, 45, 51, 67, 110 and 410A will get you to **Dalnaya Ulitsa**. From here it is a 20 minute walk to the stadium.

Public transport takes 45 minutes from the airport or around 50 minutes from the train station.

GETTING AROUND

In Samara transport options are variable and largely reliable. Most services take direct routes through the city, as opposed to weaving their way through side streets, so you may find yourself needing to walk to a main road to find a connection.

As in most of the other cities we've visited, universal travel cards are available. These cost R100 compared to an individual fare of around R25. It is valid on the metro, buses, trams and trolleybuses and can be purchased from ticket offices and post offices.

Metro: The city's metro runs west to east and constitutes a single line of ten stations that connect **Volga's** waterfront in the **Oktyabrskiy District** to the southern part of the city's **Industrial District**.

The closest stop to the railway station is **Alabinskaya**. From here you will require either bus 50

TICKET COLLECTION

Moskovskoye Highway, 81a
Monday to Sunday 10:00-20:00 (21:00 on match days with late kick-offs)

An additional collection centre can be found in the domestic arrivals area of the city's main **Kurumoch Airport**.

or tram 25 to reach the station. Alternatively, you can disembark at **Moskovskaya** and take trolleybuses 12, 17 and 20, or buses 1, 37 and 67. A single metro ride costs R25.

Bus, Trolleybus and Tram: The city has a comprehensive bus network that covers the entire city and some of the surrounding suburbs. This is supported by 24 tram routes and 15 trolleybus routes around **Samara**. Like the buses, the tram network is wide-ranging, though it doesn't run in the most northern and southern districts, **Krasnoglinskiy** and **Kuibyshevskiy**. Trolleybuses aren't available in the **Krasnoglinskiy** district either.

The fare is R25 and many passengers find apps such as Google Maps and Yandex Maps useful to aid with navigation.

Electric train: These services are particularly useful for travelling to and from the city's suburban areas. Routes typically run from north to south on the city's eastern side, with fares ranging between R20-R60, depending on the distance covered.

The **main railway station** is located in the south of the historical town. It is 3km from the **Alabinskaya** and **Moskovskaya** metro stations. A quick transfer to a metro train can be made at

Pyatiletka station, from here it is a two minute walk to the **Kirovskaya** metro stop.

Tickets can be purchased from the on board conductor, or, if you prefer, from ticket offices or self-service machines within stations.

Bike: There are some lovely spots for cycling in **Samara** and two of the most popular are the **Volga Embankment** and **Botanical Gardens**. Bike rental places are, however, scarce.



THE BRITISH EMBASSY IN RUSSIA

CONSULAR staff from the Foreign and Commonwealth Office are available to help fans where they can, and will be present in all the cities hosting England games while we're here.



if you need it

- Contact your friends & family
- Put you in touch with lawyers if you need them
- Issue a replacement

travel document (this may be subject to a fee)

- Contact you within 24 hours of being in hospital/prison

To contact them for consular assistance (for instance if you lose your passport): ring +7 495 956 7200 – or of course you can contact us at the fans' embassy, and we'll put you in touch.

THE BRITISH EMBASSY CAN

- Provide info on transferring money from the UK
- Help you get medical attention

THE BRITISH EMBASSY CANNOT

- Pay your hotel, legal, medical or any other bills
- Investigate a crime
- Make travel arrangements for you
- Give you legal advice
- Get you out of jail
- Get you a ticket for the final!

WELCOME TO SAMARA

YOUR FREE LIONS GUIDE



EATING AND DRINKING



SAMARA is yet to fully catch the tourism bug, a factor that is reflected in its reduced options for dining. Choice is less varied, but prices are generally low, so eating out and enjoying a few drinks is usually affordable. For many, this will prove a welcome change from the pricier haunts of Moscow.

Many European favourites can be found at the **Perchini Grill and Restaurant**. This is a cosy and fairly upmarket establishment, so may not always screen the football. It does though serve vegetarian options.

For a taste of Russia you may want to try **Kipyatok**. Here you can choose from a variety of traditional fayre, as well as some more experimental food. Dishes

cost around R300 and are usually washed down with a the locals' favourite, cranberry mors.

Zhili-Byli is a good-value chain restaurant with rustic decor and relatively simple menu selections for around R250 a throw. It is open until midnight daily.

Kon v Palto is a renowned grill restaurant, complete with its own whisky bar and dancing room.

Churchill's Bar, despite its name suggesting 'English pub abroad', is actually an upmarket restaurant.

Meanwhile, **Frau Muller** is a German eatery serving meat-based dishes. Here a mixture of dishes can be found for less than R800.

Even the fussiest eaters will be able to track down an acceptable

fast food option, if required. There are plenty about.

For drinks, let's first extinguish any heart palpitations out there: there is an Irish bar; two, in fact. **Shannon Irish Pub** has a wide choice of drinks and kitchen classics, while **Shamrock** - located on the city's outskirts - has a renowned whisky menu.

A wilder evening can be enjoyed at **Skvoznyak**. This is open from 19:00 until late on Friday and Saturdays with a range of DJ's.

If the last-minute scramble for accommodation leaves you in self-catering, your trusty Free Lions team can't come and cook your dinner but we can direct you to the **Troitsky Market**. Here you will find an unrivalled selection of fresh fish, meat, cheese and veg; open daily.

THINGS TO SEE AND DO



LACKING a rich history of tourism, Samara doesn't offer a huge amount to see and do. However, for the few days around the match you should just about find enough to keep you busy.

The **Zhiguli Brewery** is one of the city's most popular attractions with a wide choice of beers and even the option to fill your own bottles. There are a number of fresh food stalls nearby, mainly selling smoked and salted fish.

Stalin's Bunker is notoriously popular; one of the nation's, let alone Samara's, most sought after tourist stops, despite its high entry fees of a few thousand rubles.

To visit you should book ahead and will almost certainly require a tour guide from a registered tour

company. This additional cost can be split if you go as a group.

Samara's aerospace museum charts the history of the region's aerospace industry. Entry prices and opening hours change depending on the exhibits present.

The **Samara Art Museum** is open 10:00-18:00 every day except Tuesdays, and until 20:00 on Wednesdays. On display are many impressive collections, including a selection of regional art.

A different take on art is housed at the **Children's Art Museum**. Here work produced by children is displayed daily between 09:00-17:00, entry is R100.

Samara's take on natural history can be found at **The Alabin Museum**. Within are exhibits on palaeontology

and archaeology, including dinosaur fossils found in the nearby **Zhiguli Hills**. Entry is R100.

If the match itself is not enough to satisfy your hunger for football then you may still be in luck. **Samara** is home to the only **Football Museum** in Russia. Admission is R100.

Finally, they do love their statues in Russia and throw up a monument to celebrate or commemorate pretty much everything. But for a country that endures such long, harsh winters you can forgive Samara its **Monument to Heating**, featuring a cat lazing above a radiator. Created in 2005, the statue pays tribute to the radiator's Russian inception: Franz San Galli is accredited with creating the radiator in the mid 1800s.

THE CYRILLIC ALPHABET

A TEST OF YOUR LINGUISTIC SKILLS

IN the last edition of *Free Lions* we warned you we'd be testing you on your knowledge of the Cyrillic alphabet. No complaints: you've had long enough to learn it.

The following words should be easily translated into English. Each contains a highlighted letter which, extracted and rearranged, spells a phrase. There are two to phrases for the determined reader to guess.

But beware, in each there's a stinker that breaks the rules of translation. Anyone guessing both phrases and tweeting them to @FSF_FreeLions wins our eternal respect and admiration.

студент	an easy job	крикет	it's just not
трактор	what farmers ride	формула	chemical recipe
радио	it talks and rocks	телефон	distant sound machine
чемпион	the gold winner	система	process of the down
мираж	not what it seems	доктор	has infinite patients
террор	Stalin's forte	Нью Йорк	the Big Apple
экватор	some like it hot	министр	government official
сигнал	it lets you know	митинг	let's all get together
гейзер	Cockney fountain	салат	uncooked greens
медицина	It cures	гол	three sticks, one net
нюанс	subtlety	гранит	a hard stone
Италия	the boot country	фронт	put up a good one
		сенатор	US politician
		радиатор	a source of warmth

...and the really hard one:

Гималаи big mountains

...and the really hard one:

?о? surprise! no equivalent

The Cyrillic Alphabet ('cos we're dead nice)

А а	a	a: bat	К к	ka	k: king	Х х	kha	ch: Bach
Б б	be	b: bit	Л л	el	l: lift	Ц ц	tse	ts: bits
В в	ve	v: vet	М м	em	m: my	Ч ч	che	ch: chip
Г г	ge	g: goat	Н н	en	n: not	Ш ш	sha	sh: shop
Д д	de	d: dot	О о	o	o: more	Щ щ	shcha	No equivalent
Е е	ye	No equivalent	П п	pe	p: put	Ъ ъ	tyor/dih	Soft preceding
Ё ё	yo	No equivalent	Р р	er	r: rib	Знак	znak	consonant
Ж ж	zhe	zh: pleasure	С с	es	s: sun	И й	ih	y: any
З з	ze	z: zoo	Т т	te	t: ton	Ь ь	myakh/ki	y (soft)
И и	i	i: ski	У у	u	u: put	Знак	znak	
Й й	i/krat/	y: toy	Ф ф	ef	f: fun	Э э	e	e: ten
	ka/ye					Ю ю	yu	No equivalent
						Я я	ya	No equivalent

wordnerds

REGULAR readers of *Free Lions* will know we're checking in with Wordnerds, a UK startup that uses Artificial Intelligence to summarise what fans are saying about the various members of the England squad on Twitter. Here's the latest social insight in the wake of a disastrous Belgium game.

The best way to get a good review from Twitter fans?

Don't play.
World Cup Week 3 on Twitter...

A pattern has emerged: England fans on Twitter have been more likely to praise the players who aren't playing. During the Belgium game, where Gareth Southgate rested almost his entire first team, several of England's regular starters were lauded in their absence: Raheem Sterling, Jordan Henderson, Ashley Young, Dele Alli and Kyle Walker all received a higher proportion of positive mentions during their rest week than they did in either of the previous two.

Conversely, several players who had received positive comments while on the bench did not live up to their hype according to Twitter fans: Phil Jones, Gary Cahill, Fabian Delph, Trent Alexander-Arnold, Jamie Vardy, Marcus Rashford and Eric Dier were all given their lowest percentage of positive comments this week, despite starting for the first time.

And Dier received the lowest percentage of positive comments that any England player has had across the whole tournament - just 6% of the midfielders mentions were in a positive context.

Wordnerds' Linguistic Director, Steve Erdal, explains: "Our analysis of over a million tweets around the Belgium game show there is nowhere to hide in an international tournament, and that we fans sometimes need to be careful what we wish for."

The week's events were best summed up by one Twitter user, who commented on two absent players who missed the game, and had previously had patchy reviews:



Elsewhere, many users made the same joke about a socceraid celebrity replacing Danny Welbeck, Harry Maguire is the man to sort out Brexit, Trent Alexander-Arnold was lambasted for his deliveries amid otherwise positive reviews, and concern is growing about "shaky" Jordan Pickford. Danny Rose was blamed for the Belgium goal, but was praised during the week for opening up about his struggle with depression.

See: www.wordnerds.eu

#	Player	% +ve	Most Common Words	+/-
1	John Stones	80%	outsourcing, tattoo	-8%
2	R. Loftus-Cheek	71%	decent, baller	-11%
3	Harry Maguire	68%	tank, brexit	+7%
4	Danny Rose	51%	depression, balance, fault	+20%
5	T. Alexander-Arnold	50%	Didn't beat first man	NEW
6	Jamie Vardy	46%	hardly touched the ball	-30%
7	Marcus Rashford	32%	sitter, dummy	-61%
8	Fabian Delph	31%	home, offer	-36%
9	Gary Cahill	29%	experience, replace	NEW
10	Danny Welbeck	24%	socceraid, masterclass	NEW
11	Jordan Pickford	24%	shaky, don't blame	-38%
12	Phil Jones	16%	donkey, guaranteed yellow	NEW
13	Eric Dier	6%	bolical, passer, dire, crab	-69%

KNIVES OUT

WORDNERDS' TWITTER ANALYSIS



BETTER WITHOUT ZLATAN?

BY CLIVE HETHERINGTON

SWEDEN stand between England and a first World Cup semi-final for 28 years after the Scandinavians' single-goal victory over Switzerland in St Petersburg.

Midfielder Emil Forsberg's 66th-minute strike, deflected in off Swiss defender Manuel Akanji, saw the Swedes reach the World Cup's last eight for the first time since 1994.

Janne Andersson's side were initially awarded a stoppage-time penalty when Michael Lang was red-carded for bringing down goal-bound Martin Olsson.

Referee Damir Skomina pointed to the spot but following a VAR review – which showed the challenge was just outside the box – the Slovenian official reversed his decision.

It was only Switzerland's second defeat in 26 games, and former England full-back Phil Neville, speaking on the BBC, said: "I think Sweden deserved it – I thought they were the team more likely to score.

"They lack a bit of quality up front, but with determination and organisation, they got through."

And Neville was scathing in his criticism of Switzerland's Granit Xhaka, branding the Arsenal midfielder "disgraceful" and adding: "For the goal, he just went to ground and let Forsberg go past him too easily. He showed a lack of discipline. I think we see this with



Arsenal, week-in, week-out. He's just not my type of player."

Ex-England midfielder Jermaine Jenas said: "I quite enjoyed the game and it was an entertaining watch. Switzerland threw everything at Sweden in the end. In fairness to Sweden, what they lack in attack, they make up for with their spirit and togetherness."

Sweden were without banned Hull midfielder Sebastian Larsson, who was replaced by Seattle Sounders' Gustav Svensson.

And, unlike England's Fabian Delph – who returned home because his wife was due to give birth – Sweden captain Andreas Granqvist made the sacrifice of sticking with his teammates despite facing the same predicament as the Manchester City player.

>> CLIVE'S VERDICT

Sweden are something of a bogey team for England and have inflicted embarrassment on them, notably when they beat the Three Lions 2-1 in Stockholm at Euro '92. England have won two of the last three meetings, including

The Swiss had a disrupted back four due to the absence through suspensions of skipper Stephan Lichtsteiner and Fabian Schar.

Lang came in for Lichtsteiner at right-back, while Schar's place at centre-back went to former Arsenal man Johan Djourou.

Sweden sealed top spot in Group F with their eye-catching 3-0 win against Mexico, Ludwig Augustinsson, a Granqvist penalty and an Edson Alvarez own goal bringing about their biggest World Cup victory in 24 years.

Granqvist reckons his country have been better off without the great Zlatan Ibrahimovic, who has retired from the international arena. But Ibrahimovic would surely have made more of an early chance that fell to Marcus Berg.

It was easy to see why he hasn't scored at the World Cup as he wildly slashed his shot wide in a good position. But there was nothing wrong with Berg's technique when he was denied by a brilliant save from keeper Yann Sommer.

Prediction: Sweden 0 England 2

a 3-2 win at Euro 2012. But they are their only victories against them in 15 encounters stretching back to 1968. The Swedes have shown themselves to be well-organised and England cannot afford to underestimate them.

AGREE OR DISAGREE WITH CLIVE HETHERINGTON?

CONTACT CLIVE VIA FREELIONS@FSF.ORG.UK

>> COLOMBIA – THE KEY THREE by Joe Hetherington



ANDREAS GRANQVIST

Possesses all the qualities that make a top centre-back.

At 33, Granqvist is the elder statesman of the Sweden squad and has recently re-signed for his first club, Helsingborgs IF following his release from Krasnodar. Sweden's captain and their leading scorer at this tournament, the former Genoa man has been one of the standout defenders of the World Cup so far and has come a long way since being discarded by Wigan Athletic nearly ten years ago. He scored from the penalty spot twice in the group stages, finding the net against South Korea and Mexico.

Sweden's Celtic defender Mikael Lustig picked up a needless booking for a foul on Josip Drmic, ruling him out against England.

Switzerland's best opportunity of the first half came to Blerim Dzemaili, who drove over after a fluent move.

Then Sweden missed another great opening. Albin Ekdal didn't know whether to go for Lustig's cross with his head or his foot. He chose the latter and made a hash of things.

While the Swiss had shown more quality in the first half, it was the



EMIL FORSBERG

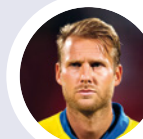
Scorer of his country's winning goal against Switzerland,

Forsberg is Sweden's go-to-man in terms of creativity. The 26-year-old started his career at his local side, GIF Sundsvall before moving to Malmö where the midfielder won the Allsvenskan twice in 2013 and 2014. Forsberg has been with RB Leipzig for the past four seasons, making more than 100 appearances for the German club, during which time he has become a regular for Sweden and contributed to his nation's World Cup qualification with four goals. The winger is sometimes let down by his finishing, but there is no doubting his skill.

Swedes who had been presented with the better chances. And Ola Toivonen could have celebrated his 32nd birthday with a goal in the early minutes of the second period, but he leaned back and blazed over.

Stand-in Swiss skipper Valon Behrami was booked for foul on Forsberg and collected a yellow card that would have seen him suspended for a last-eight clash.

And it was Forsberg who broke the deadlock, making room for a shot that – but for Akanji's unfortunate touch from a Swiss



OLA TOIVONEN

A former squad player at Sunderland and star centre forward for Sweden. It is

fair to say that Toivonen's international career has not mirrored his club exploits. Like Forsberg, he also made his break at Malmö before transferring to PSV Eindhoven in 2009. Toivonen then moved to Rennes of France where he had a loan stint at Sunderland in the 2015-16, his only moment of note in the North-East being a consolation goal against Manchester City in the League Cup. The 32-year-old has 14 international goals, though only three – including his recent goal against Germany – have been scored away from home.

point of view – would have been comfortable for Sommer.

Forsberg was ubiquitous for Sweden, making a vital block in front of goal with little more than ten minutes of normal time remaining.

Sweden keeper Robin Olsen pulled off a fine stop from Haris Seferovic before the late drama which, after a penalty became a free-kick, ended with Toivonen's effort being saved by Sommer.

LOOKING AHEAD TO MOSCOW

YOUR FREE LIONS GUIDE



>> GETTING THERE

SHOULD we beat Sweden we return to the capital for a semi-final in the **Luzhniki Stadium**.



BY AIR

From Samara flights leave daily to **Moscow**. **Sheremetyevo Airport** is home to Aeroflot. Direct flights operate to the airport from both **Gatwick** and **Heathrow** as well as destinations including **Berlin** and **Paris**.

Aeroexpress train runs from terminal E to **Belorusskaya Station** in the northwest of the city between 05:30-00:30. Free tickets are available from **Aeroexpress** ticket offices two days prior to and after the match on provision of a Fan ID and a match ticket. Out of hours, the H1 night bus runs to the **Leninsky Prospekt** metro.

Domodedovo Airport connects to the UK from **Heathrow**. It can also be reached from mainland Europe. Lufthansa flights leave from **Frankfurt** and **Munich**, Pobeda from **Barcelona** and **Milan**. From here the Aeroexpress train takes 45 minutes and runs between 06:00 and midnight. It goes to the **Paveletsky Station**, 20 minutes from the centre by metro.

Again, free travel is available for fans around the games.

>> MOSCOW



District: Central District
Population: 12,300,000
Area: 2,511km²

Time zone: BST+2 hours
Average June temp.: 17°
From London: 2,000km

Vnukovo International Airport is served from destinations within Russia, but not from the UK. Lufthansa run from Eastern Europe, Turkish Airlines from **Istanbul** and Whizz Air from **Budapest**. Aeroexpress departs here every hour between 06:00-23:00.

If you're outside of the two-day window, the fare on the Aeroexpress trains from any of these three airports is R470.

Zhukovsky International is far smaller with transport options into the city less common.

From all airports you can expect to pay around R1000 for a taxi.



BY AIR

Getting the train to **Moscow** is possible from all across Russia. The **Saint Petersburg** service is popular - high-speed trains take around four hours with fares up to

R6,000 - whilst from **Samara** it is a 14-hour journey on the flagship **Zhiguli train**. Free trains will run to **Moscow** from **Samara** after the quarter-final. You must reserve at www.tickets.transport2018.com/free-train and you may find that these are already full but it's worth checking for cancellations.

Outside of Russia, **Moscow** can be reached by train from many European destinations. Popular services run from **Warsaw** and **Helsinki**, taking 19 and 13 hours respectively. Even further afield, trains run from **Paris** and **Prague**, but usually just once a week. Please note: Your FAN ID will be required to pass through **Belarus**.



BY BUS

Long distance bus services to **Moscow** are time consuming. Even **Riga**, **Tallinn** and **Vienna** have 15-20 hour journey times. Buses do not operate directly from **Samara**.

>> WHAT TO EXPECT

IF you didn't visit **Moscow** for our last-16 tie against Colombia, you will be struck by the city's sheer size. Even somewhere advertised as **central Moscow** can be a few kilometres from **Red Square**. The city is colossal and never seems to stop, making the metro one of its greatest assets.

Moscow is the nation's heart, where a tenth of Russia's population reside. It is Europe's second most populous city and is the centrepiece of Russian politics, finance and culture. Every year it attracts over four million tourists, visiting its variety of attractions that include three UNESCO World Heritage Sites.

Founded in 1147, at the meeting point of the rivers **Moskva** and **Neglinka**, in the middle lies the **Kremlin**. From this symbol of power roads extend outwards into the expansive city.

Within this urban landscape you will find a green city. Locals and visitors enjoy parks, explore gardens and picnic on the grass. **Moscow** truly has something for everyone.

>> FAN FEST

Moscow's Fan Fest is located at the **Vorobyovy Goryand** and has a 25,000 capacity.

>> THE STADIUM

THE **Luzhniki Stadium** was built in 1956 and has hosted countless sporting events. It has played host to over 3,000 football matches, including the memorable all-English Champions League Final between Manchester United and Chelsea in 2008.

England fans will remember it for the 2-1 defeat in the unsuccessful EURO 2008 qualifying campaign.

However, the stadium has undergone mass-restoration and development ahead of the 2018 World Cup.

The venue's historic exterior remains, but - fortunately - the athletics track has been removed and the stands have been moved forward offering a far better view of the action.

With a capacity of 81,000 it is the nation's largest football stadium and will continue to host Russia's international matches after the tournament. By the end of the World Cup the **Luzhniki** will have hosted seven matches including the opening match and final, hopefully with England in it!

>> GETTING TO THE GROUND

THE **Luzhniki Stadium** is located 10km southwest of central **Moscow**. The best way to get there - like most places in **Moscow** - is by metro.

The stadium sits at the intersection of the **Red Line (Line 1)** and the **Outer Circle Line (Line 14)** with **Sportivnaya**, **Vorobyovy Gory**, **Frunzenskaya** and **Luzhniki** all within walking distance of the stadium. The one you should aim for depends on your starting point and location in the stadium, though **Luzhniki Station** is suitable for all entrances.

Some restrictions will apply to entering and exiting metro stations on matchday. We'll endeavour to publish them in the event England reach the semi-final.

Additional shuttle buses will also be running to the bus stop at the stadium from the **Park Kultury metro station**.

Buses 255, 64, 15, M3, C12, 15 run to **Novodevichy Monastyr bus stop**, with trolleybus 28 to **Ulitsa Khamovnichesky Val** and **Stadion Luzhniki**.



LOOKING AHEAD TO MOSCOW

YOUR FREE LIONS GUIDE



>> GETTING AROUND

As you would expect from a capital city, the range and regularity of public transport is great.

Troika cards allow transit on metro, buses, trams and trolleybuses. They need to be topped up with rubles at a terminal, just like an Oyster Card in London. For the Round of 16 game against Columbia, we preferred the day card option: 1 day costs R210 or 3 days is R415.

Services pass through stations every few minutes between the hours of 05:30-01:30. The metro system comprises over 150 stations, 14 lines and two rings.

It's pretty easy to navigate, helped by announcements in English and some English signage, and it's an absolute delight to use (see page four for more on that!).

Most trains are equipped with wifi and screens showing the World Cup and the system also includes a monorail: line 13. Now something of a landmark, the same ticketing procedures apply here as on the other lines.

Buses, trolleybuses and trams run until 1am. A single fare is R55 and some services also run during the night, including the H1 bus to **Sheremetyevo Airport**.

Commuter trains are a viable option for reaching suburban destinations, with fares starting at R20 and increasing by distance travelled.

Fares on most public transport tend to be cheaper when using a **Troika card**, purchasing a **day ticket** or a **bundle** of journeys.

Bikes can be hired from over 150 self-service stations dotted around **Moscow**. You have to pre-register online and then add sufficient funds to your account. 24 hours is R150. Bikes can be returned to any rental station across the city.

EATING AND DRINKING

YOU will spot westernised fast-food outlets all over the city. **McDonald's** and **KFC** are two of the most popular and have outlets adjacent to the **Kremlin**.

For some good value Russian grub you may want to try **Teremok**. Here you can enjoy blinchi (Russian crepes) with Kvass, a traditional Russian drink made with rye bread. Or you can try **Kruzhka**, popular for its cheap food and beer with live sports on big screens.

Prices in the vicinity of the **Kremlin** are high, though **Bosco**

Cafe and **Coffee Mania** are exceptions, offering meals around R1,000. In actual fact, we found prices across Moscow quite close to those at home.

If you're looking for fine dining, **Bolshoi** and **SAVVA** offer high quality service and meals but remain accessible even on a budget: they often offer lunches during the day where you can enjoy three courses for a fraction of the evening cost.

In terms of drinks, the **Bobby Dazzler** and **English Pub Albion** offer a taste of home. Or you may



prefer **Jaws Spot** or **Rule Tap Room** for a greater variety of beers, wine and spirits.

The **Robert Burns** (pictured) pours drinks from the length and breadth of Britain and serves British classics from the kitchen; we recommend the wild duck pie. With chips.

A good selection of bars are located around old and new **Arbat Street**, the main drinking area.

>> THINGS TO SEE AND DO



WHEN coming to Moscow it is a case of planning well to maximise your time. There is so much to see and do, with a variety unlike any other city in Russia.

Fortunately for visitors to the capital, three of its most iconic landmarks are all located within **Red Square**, an area that has seen it all since the 15th century from coronations to executions. During the tournament it is home to a **FIFA events space** which includes a small-sided football pitch.

The **Kremlin** and its red exterior is a must see. Inside lies over 800 years of political history with entry R350. Adjacent is **Lenin's Tomb**, and the corner of the square lies the splendid **St. Basil's Cathedral**. This colourful architectural marvel is open daily. Entry is R250 and an audio guide can be bought for a further R200.

The streets of **Old** and **New Arbat** are popular destinations to explore. **Old** is full of bars, many of which will be showing the football.

Another popular spot is **Gorky Park**. It is dotted with cafes and restaurants and offers cycle paths.

If the weather is bad - and **Moscow's** is certainly changeable - you will find a large showcase of Russian art at the **Tretyakov Gallery**. The famous **Bolshoi Theatre** offers tours and, of course, shows, though tickets can prove hard to come by.

If you need to go looking for the sun, the **Ostankino Tower** offers a view over Moscow from 340m.

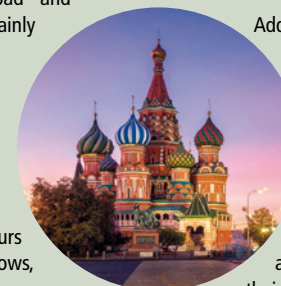
>> ACCOMMODATION

If you find yourself on the hunt for accommodation, the city does offer a mixture of options, but at this late stage prices will be sky high.

You may want to try searching:

- hotels.fifa.com
- welcome2018.com/en/hotels
- booking.com
- Expedia
- Airbnb

Wherever you're looking, be certain to comprehensively check the details before making a booking or placing a deposit.



Additionally, throughout Russia your arrival in any new city must be registered within 24 hours.

This registration is normally completed by your accommodation, and is their responsibility, but if you are staying in a private house you will need to check with your host that this has been done.

Answers

Music Quiz
1. 'Sweet Caroline' 2. Allison Ramsey Becker - (Taylor Made Of This) 3. Swinging Out Sister 4. Sweet Dreams (Are Blue Jeans 7. Sweet 8. The Cardigans 9. 'Swing Low, Sweet Chariot' 10. Sweet Child O' Mine by Guns N' Roses

Scouse Phil's Free Lions Football Quiz
1. Uruguay, Croatia and Belgium 2. Egypt and Panama 3. Javier Hernandez (Chicharito) 4. Sochi 5. Kevin De Bruyne 6. 7th time 7. Also the 7th time 8. Antoine Griezmann v Argentina 9. Michy Batshuayi 10. Luke Shaw

SQUAD LISTS



SWEDEN SQUAD

GOALKEEPERS:

1. Robin **OLSEN** (Copenhagen)
12. Karl-Johan **JOHNSSON** (Guingamp)
23. Kristoffer **NORDFELDT** (Swansea)

DEFENDERS:

2. Mikael **LUSTIG** (Celtic)
3. Victor **LINDELOF** (Manchester United)
4. Andreas **GRANQVIST** (Krasnador)
5. Martin **OLSSON** (Swansea)
6. Ludwig **AUGUSTINSSON** (Werder Bremen)
14. Filip **HELANDER** (Bologna)
16. Emil **KRAFTH** (Bologna)
18. Pontus **JANSSON** (Leeds United)

MIDFIELDERS:

7. Sebastian **LARSSON** (Hull)
8. Albin **EKDAL** (Hamburg)
10. Emil **FORSBERG** (RB Leipzig)
13. Gustav **SVENSSON** (Seattle Sounders)
15. Oscar **HILJEMARK** (Genoa)
17. Viktor **CLAESSON** (Krasnador)
19. Marcus **ROHDEN** (Crotone)
21. Jimmy **DURMAZ** (Toulouse)

FORWARDS:

9. Marcus **BERG** (Al Ain)
11. John **GUIDETTI** (Alaves)
20. Ola **TOIVONEN** (Toulouse)
22. Isaac Kiese **THELIN** (Waasland-Beveren)



ENGLAND SQUAD

GOALKEEPERS:

1. Jordan **PICKFORD** (Everton)
13. Jack **BUTLAND** (Stoke City)
23. Nick **POPE** (Burnley)

DEFENDERS:

2. Kyle **WALKER** (Manchester City)
3. Danny **ROSE** (Tottenham Hotspur)
5. John **STONES** (Manchester City)
6. Harry **MAGUIRE** (Leicester City)
12. Kieran **TRIPPIER** (Tottenham Hotspur)
15. Gary **CAHILL** (Chelsea)
16. Phil **JONES** (Manchester United)
17. Fabian **DELPH** (Manchester City)
18. Ashley **YOUNG** (Manchester United)
22. Trent **ALEXANDER-ARNOLD** (Liverpool)

MIDFIELDERS:

4. Eric **DIER** (Tottenham Hotspur)
7. Jesse **LINGARD** (Manchester United)
8. Jordan **HENDERSON** (Liverpool)
20. Dele **ALLI** (Tottenham Hotspur)
21. Ruben **LOFTUS-CHEEK** (Chelsea)

FORWARDS:

9. Harry **KANE** (Tottenham Hotspur)
10. Raheem **STERLING** (Manchester City)
11. Jamie **VARDY** (Leicester City)
14. Danny **WELBECK** (Arsenal)
19. Marcus **RASHFORD** (Manchester United)



ONE TO WATCH

Andreas Granqvist – Elder Statesman